

Discover Scuba

Have a go at scuba diving, see if you like it, then continue on and become a qualified diver

What do I need to start?

Be of reasonable fitness, and be able to swim be 12 years old and upwards.

What will I do?

Try on the scuba kit in the shallow end of the pool, put on the scuba kit, try the aqua-lung, to show you it works, we will sit on the bottom in the shallow end and chill for a bit, then run through a few basic skills, when your ready we will swim around and have some fun being weightless in the water.

How long will it take?

The programme is run over approx 50 minutes.

These are on a Monday eve at the Steyning Pool starting at 8.30pm and ending at 10pm.

What will I need?

- Swimming costume
- Tee shirt
- Desire to have fun

Health requirements

You are required to complete a medical statement; **if** you have any of the conditions listed, you will have to have your doctor sign the form to say you are fit to dive.

You are not permitted to enter the water without medical clearance.

Also you are required to sign a statement of acceptance of risk and also agree to comply with safe diving practices.

What next?

Contact seaurchindivers, confirm course dates and cost and then place your deposit to reserve your place

What does it Cost?

£25

Benefits

Meet seaurchindivers and the team, see if it's for you and have a great time

What you waiting for

????